

Event 1 200m Freestyle - Female

Dev	Lane	Swimmer	Club	Entry Time	H.E.R	Finish Time	Place
1.F01	2	Emma WARRINGTON	Orpington Sharks	03:23.66	02:53.11	03:29.50	1
	1	Corinna BECKETT	Orpington Sharks	05:07.76	04:21.60	04:41.14	2

Event 2 200m Freestyle - Male

Dev	Lane	Swimmer	Club	Entry Time	H.E.R	Finish Time	Place
2.M01	5	Christopher SPINKS	Norfolk	05:01.32	04:16.12	4.23.65	1
	6	Shane BAXTER	Norfolk	04:56.08	04:11.67	4.00.49	DQ H.E.R
	7	Ciaran FAHY	East Herts	04:05.98	03:29.08	3.19.59	DQ H.E.R

Event 2 200m Freestyle - Male

Dev	Lane	Swimmer	Club	Entry Time	H.E.R	Finish Time	Place
2.M02	3	Graham ARDING	Reading	03:31.01	02:59.36	3.21.93	1
	6	Joseph PECIUCH	Orpington Sharks	03:15.96	02:46.57	3.23.88	2
	5	Matthew CASEY	East Herts	03:16.60	02:47.11	3.42.60	3

Event 2 200m Freestyle - Male

Dev	Lane	Swimmer	Club	Entry Time	H.E.R	Finish Time	Place
2.M03	6	Jamie KELLY	Cheshire Penguins	02:39.65	02:15.70	2.39.82	1
	5	Ciaran KELLY	Basingstoke	02:46.60	02:21.61	2.45.53	2
	4	Martin TRUNDELL	Cheshire Penguins	02:50.37	02:24.81	2.45.94	3
	2	Adam BAKER	Orpington Sharks	02:55.59	02:29.25	2.51.57	4
	3	Conor FREEMAN	East Midlands	02:52.41	02:26.55	2.57.37	5

Event 2 200m Freestyle - Male

Dev	Lane	Swimmer	Club	Entry Time	H.E.R	Finish Time	Place
2.M04	6	William JONES	Essex	02:10.18	01:50.65	2.11.59	1
	5	Kieran NEARY	Essex	02:15.45	01:55.13	2.15.34	2
	4	Callum HODGSON	Essex	02:30.00	02:07.50	2.28.29	3
	3	Scott CLEAVER	Essex	02:34.69	02:11.49	2.33.85	4

Event 3 25m Butterfly - Female

Dev	Lane	Swimmer	Club	Entry Time	H.E.R	Finish Time	Place
3.F01	3	Laura MITCHELL	Orpington Sharks	00:32.83	00:27.91	35.30	1
	1	Katherine RUSSELL	Norfolk	00:42.17	00:35.84	38.57	2
	2	Ellouisa BRINDLEY	St. Albans	00:34.00	00:28.90	DQ 8.3	DQ

Event 3 25m Butterfly - Female

Dev	Lane	Swimmer	Club	Entry Time	H.E.R	Finish Time	Place
3.F02	7	Bethany TAYLOR	Bicester Blue Fins	00:22.22	00:18.89	21.84	1
	5	Lucie FICKLING	Electric Eels	00:32.74	00:27.83	28.31	2
	6	Elizabeth PIKE	Reading	00:31.35	00:26.65	34.28	3

Event 4 25m Butterfly - Male

Dev	Lane	Swimmer	Club	Entry Time	H.E.R	Finish Time	Place
4.M01	6	Samuel HASLAM	Reading	00:21.15	00:17.98	20.38	1
	4	Scott HOWE	Basingstoke	00:22.40	00:19.04	22.39	2
	3	Richard LEWIS	Cheshire Penguins	00:26.88	00:22.85	25.06	3
	2	Calum BOWMAN	St. Albans	00:37.10	00:31.54	38.87	4
	5	William ROBERTS	Peterborough	00:22.31	00:18.96	DQ 8.3	DQ
	7	George ALLEN	Basingstoke	NT		DQ 8.2	DQ

Event 4 25m Butterfly - Male

Dev	Lane	Swimmer	Club	Entry Time	H.E.R	Finish Time	Place
4.M02	5	Adam ROEBUCK	Plymouth & District	00:17.41	00:14.80	16.75	1
	6	Martin TRUNDELL	Cheshire Penguins	00:17.28	00:14.69	17.34	2
	3	Richard PERRIS	Cheshire Penguins	00:18.59	00:15.80	18.74	3
	4	John FAIRCLOUGH	Cheshire Penguins	00:18.06	00:15.35	18.74	3

Event 5 25m Backstroke - Female

Dev	Lane	Swimmer	Club	Entry Time	H.E.R	Finish Time	Place
5.F01	2	Lisa Marie CASHIN	Peterborough	01:04.40	00:54.74	1.04.56	1
	3	Jasmine RAE	Norfolk	01:01.37	00:52.16	DQ 6.6	DQ
	1	Kayleigh GREEN	Peterborough	01:17.66	01:06.01	49.60	DQ H.E.R

Event 5 25m Backstroke - Female

Dev	Lane	Swimmer	Club	Entry Time	H.E.R	Finish Time	Place
5.F02	5	Chloe BURFORD	Peterborough	00:53.28	00:45.29	49.19	1
	6	Keziah BAXTER	Norfolk	00:51.17	00:43.49	51.79	2
	7	Olivia HARLAND	East Herts	00:51.00	00:43.35	51.94	3
	8	Lydia BROWNE	Norfolk	00:48.92	00:41.58	30.94	DQ H.E.R

Event 5 25m Backstroke - Female

Dev	Lane	Swimmer	Club	Entry Time	H.E.R	Finish Time	Place
5.F03	3	Grace HONE	Electric Eels	00:40.06	00:34.05	36.33	1
	7	Morven MILLER	Reading	00:38.42	00:32.66	36.98	2
	6	Natasha BURROWS	Norfolk	00:39.09	00:33.23	40.36	3
	2	Katie GOODARD	Reading	00:41.01	00:34.86	40.56	4
	4	Melissa DEAN	Peterborough	00:40.00	00:34.00	DQ 6.3	DQ
	5	Cari-Ann COLTMAN	Peterborough	00:39.11	00:33.24	25.84	DQ H.E.R

Event 5 25m Backstroke - Female

Dev	Lane	Swimmer	Club	Entry Time	H.E.R	Finish Time	Place
5.F04	4	Jenny WARREN	St. Albans	00:34.13	00:29.01	34.06	1
	7	Caroline BROWN	Reading	00:31.09	00:26.43	34.94	2
	3	Sarah BIGGS	Greater London	00:37.20	00:31.62	35.99	3
	5	Alison PRESTON	St. Albans	00:33.94	00:28.85	36.75	4
	2	Dorothy PERRY	Reading	00:37.54	00:31.91	37.50	5
	6	Kate SHERIDAN	Orpington Sharks	00:33.54	00:28.51	38.11	6

Event 5 25m Backstroke - Female

Dev	Lane	Swimmer	Club	Entry Time	H.E.R	Finish Time	Place
5.F05	8	Katie TROTTER	St. Albans	00:24.97	00:21.22	24.05	1
	7	Kerry FOSTER	St. Albans	00:25.72	00:21.86	25.49	2
	3	Jasmine STAGG	Cheshire Penguins	00:27.51	00:23.38	26.34	3
	2	Emily CASHIN	Peterborough	00:28.32	00:24.07	26.94	4
	5	Stephanie MCQUADE	Cheshire Penguins	00:27.32	00:23.22	27.60	5
	4	Jodie BOWYER	Cheshire Penguins	00:27.36	00:23.26	28.00	6
	1	Kaley HEATH	Cheshire Penguins	00:30.06	00:25.55	32.92	7

Event 6 25m Backstroke - Male

Dev	Lane	Swimmer	Club	Entry Time	H.E.R	Finish Time	Place
6.M01	3	Sam WILSON	East Herts	00:54.91	00:46.27	46.47	1
	2	Luke COOPER	East Herts	00:56.41	00:47.95	DQ 4.4	DQ

Event 6 25m Backstroke - Male

Dev	Lane	Swimmer	Club	Entry Time	H.E.R	Finish Time	Place
6.M02	6	Simon TAYLOR	St. Albans	00:47.93	00:40.74	44.06	1
	8	Jack SMITH	East Herts	00:44.09	00:37.48	56.12	2
	7	Shaun JONES	Peterborough	00:46.72	00:39.71	1.09.25	3
	5	Anand PRATHAPAN	East Herts	00:51.00	00:43.35	DNS	DNS

Event 6 25m Backstroke - Male

Dev	Lane	Swimmer	Club	Entry Time	H.E.R	Finish Time	Place
6.M03	5	Christopher MORTON	Reading	00:39.02	00:33.17	35.94	1
	3	Philip GOODALL	East Herts	00:40.17	00:34.14	37.62	2
	2	Joshua BIRCH	St. Albans	00:40.60	00:34.51	42.56	3
	6	Sam DOWNING	East Herts	00:37.13	00:31.56	28.89	DQ H.E.R

Event 6 25m Backstroke - Male

Dev	Lane	Swimmer	Club	Entry Time	H.E.R	Finish Time	Place
6.M04	2	Stephen BIRKS	East Herts	00:33.81	00:28.74	30.75	1
	5	Charlie BINKS	Electric Eels	00:30.78	00:26.16	30.76	2
	6	Jason AGER	St. Albans	00:30.65	00:26.05	30.77	3
	3	Calum BOWMAN	St. Albans	00:33.20	00:28.22	40.12	4
	7	Louis DIAZ	Peterborough	00:30.50	00:25.92	DNS	DNS
	4	Christopher SPINKS	Norfolk	00:32.95	00:28.01	27.41	DQ H.E.R

Event 6 25m Backstroke - Male

Dev	Lane	Swimmer	Club	Entry Time	H.E.R	Finish Time	Place
6.M05	6	Philip NICHOLLS	St. Albans	00:27.00	00:22.95	26.26	1
	2	Robert BATES	Peterborough	00:29.06	00:24.70	27.00	2
	4	Peter WIGHAM	Coventry	00:28.34	00:24.09	28.03	3

Event 6 25m Backstroke - Male

Dev	Lane	Swimmer	Club	Entry Time	H.E.R	Finish Time	Place
6.M06	6	Ryan CLARK	Peterborough	00:25.42	00:21.61	22.56	1
	3	Laurence BISH	Reading	00:26.56	00:22.58	22.73	2
	5	Ross NOLAN	Cheshire Penguins	00:25.54	00:21.71	22.94	3
	2	Shane GUNESH	St. Albans	00:27.00	00:22.95	23.87	4
	7	Jake ROBINSON	Peterborough	00:24.57	00:20.88	25.57	5
	4	Henry STENIFORD	Reading	00:26.43	00:22.47	27.16	6

Event 6 25m Backstroke - Male

Dev	Lane	Swimmer	Club	Entry Time	H.E.R	Finish Time	Place
6.M07	4	Kye BROUGHTON	Wellingborough	00:22.76	00:19.35	19.98	1
	3	Paul JEAVONS	Coventry	00:23.28	00:19.79	23.93	2
	1	Matthew BEEBY	Peterborough	00:24.52	00:20.84	25.09	3
	2	Vincent SIU	St. Albans	00:24.30	00:20.66	25.69	4

Event 6 25m Backstroke - Male

Dev	Lane	Swimmer	Club	Entry Time	H.E.R	Finish Time	Place
6.M08	7	Ben WADE	Cheshire Penguins	00:19.58	00:16.64	17.94	1
	8	Joe MACKIE	St. Albans	00:18.30	00:15.55	18.64	2
	6	Paul ROWLAND	St. Albans	00:20.96	00:17.82	21.27	3
	5	Christopher PHILLIPS	Reading	00:22.14	00:18.82	23.22	4

Event 7 50m Freestyle - Female

Dev	Lane	Swimmer	Club	Entry Time	H.E.R	Finish Time	Place
7.F01	6	Rebekah WARNER	St. Albans	01:31.00	01:17.35	1.22.52	1
	5	Natasha BURROWS	Norfolk	01:33.15	01:19.18	1.25.62	2
	4	Lydia BROWNE	Norfolk	01:46.27	01:30.33	1.31.03	3
	3	Kayleigh GREEN	Peterborough	02:00.00	01:42.00	2.54.40	4

Event 7 50m Freestyle - Female

Dev	Lane	Swimmer	Club	Entry Time	H.E.R	Finish Time	Place
7.F02	8	Alex SORAB	East Herts	01:13.00	01:02.05	1.02.72	1
	5	Caroline BROWN	Reading	01:15.31	01:04.01	1.06.94	2
	6	Philippa PERRY	East Herts	01:14.66	01:03.46	1.10.57	3
	1	Katie GOODARD	Reading	01:22.92	01:10.48	1.11.15	4
	4	Keziah BAXTER	Norfolk	01:15.69	01:04.34	1.13.60	5
	3	Katie MORGAN	Orpington Sharks	01:17.70	01:06.04	1.14.30	6
	7	Jessica ALDRIDGE	East Herts	01:14.40	01:03.24	1.15.14	7
	2	Dorothy PERRY	Reading	01:17.77	01:06.10	1.23.56	8

Event 7 50m Freestyle - Female

Dev	Lane	Swimmer	Club	Entry Time	H.E.R	Finish Time	Place
7.F03	7	Corinna BECKETT	Orpington Sharks	01:02.50	00:53.13	1.04.04	1
	5	Ellouisa BRINDLEY	St. Albans	01:03.00	00:53.55	1.06.81	2
	3	Laura MITCHELL	Orpington Sharks	01:07.72	00:57.56	1.09.01	3
	4	Sarah BIGGS	Greater London	01:07.12	00:57.05	1.11.77	4
	1	Emily CASHIN	Peterborough	01:12.84	01:01.91	59.60	DQ H.E.R

Event 7 50m Freestyle - Female

Dev	Lane	Swimmer	Club	Entry Time	H.E.R	Finish Time	Place
7.F04	3	Kirsty STEWART	Hastings & Rother	00:57.22	00:48.64	52.37	1
	5	Rhiannon HICKS	Orpington Sharks	00:56.07	00:47.66	52.50	2
	6	Lucie FICKLING	Electric Eels	00:55.43	00:47.12	52.84	3
	7	Kaley HEATH	Cheshire Penguins	00:52.58	00:44.69	54.36	4
	4	Elizabeth PIKE	Reading	00:56.60	00:48.11	1.03.02	5
	2	Kate SHERIDAN	Orpington Sharks	01:00.33	00:51.28	1.04.19	6

Event 7 50m Freestyle - Female

Dev	Lane	Swimmer	Club	Entry Time	H.E.R	Finish Time	Place
7.F05	6	Bethany TAYLOR	Bicester Blue Fins	00:43.55	00:37.02	42.04	1
	7	Jessica POYSER	Cheshire Penguins	00:40.69	00:34.59	43.06	2
	4	Jasmine STAGG	Cheshire Penguins	00:48.09	00:40.88	46.74	3
	5	Cari-Ann COLTMAN	Peterborough	00:44.06	00:37.45	46.75	4
	2	Jodie BOWYER	Cheshire Penguins	00:50.06	00:42.55	48.31	5
	3	Sam SAGE	East Herts	00:48.17	00:40.94	49.54	6
	1	Lisa HANSON	St. Albans	00:51.53	00:43.80	52.82	7

Event 8 50m Freestyle - Male

Dev	Lane	Swimmer	Club	Entry Time	H.E.R	Finish Time	Place
8.M01	6	Shaun JONES	Peterborough	01:19.34	01:07.44	1.31.31	1
	8	Luke ROGERS	East Herts	01:29.95	01:16.46	1.42.16	2
	4	Jack SMITH	East Herts	01:46.19	01:30.26	2.04.94	3
	1	Anthony HYSOM	St. Albans	01:36.60	01:22.11	DQ 10.6	DQ
	5	Luke COOPER	East Herts	01:22.91	01:10.47	DQ 4.4	DQ

Event 8 50m Freestyle - Male

Dev	Lane	Swimmer	Club	Entry Time	H.E.R	Finish Time	Place
8.M02	5	Henry STENIFORD	Reading	01:07.01	00:56.96	58.50	1
	6	Calum BOWMAN	St. Albans	01:06.00	00:56.10	1.07.77	2
	7	Sam DOWNING	East Herts	01:02.97	00:53.52	1.12.55	3
	3	Philip GOODALL	East Herts	01:12.00	01:01.20	1.22.12	4
	4	Matthew FENN	Reading	01:09.94	00:59.45	DNS	DNS
	2	Dan SEDGEWICK	East Herts	01:14.00	01:02.90	DQ 10.6	DQ
	1	Mitchell WRIGHT	East Herts	01:14.94	01:03.70	1.02.81	DQ H.E.R

Event 8 50m Freestyle - Male

Dev	Lane	Swimmer	Club	Entry Time	H.E.R	Finish Time	Place
8.M03	5	Shane GUNESH	St. Albans	00:51.00	00:43.35	43.78	1
	6	Ross NOLAN	Cheshire Penguins	00:50.38	00:42.82	46.96	2
	8	Charlie BINKS	Electric Eels	00:49.91	00:42.42	47.53	3
	3	Robert BATES	Peterborough	00:52.12	00:44.30	55.83	4
	4	Jason AGER	St. Albans	00:52.02	00:44.22	59.93	5
	1	George ALLEN	Basingstoke	NT		47.89	TIME TRIAL
	2	Ray GREGG	East Herts	00:57.00	00:48.45	DNS	DNS

Event 8 50m Freestyle - Male

Dev	Lane	Swimmer	Club	Entry Time	H.E.R	Finish Time	Place
8.M04	3	Barry WYNNE	East Herts	00:47.90	00:40.71	42.14	1
	6	Adam KELLY	Cheshire Penguins	00:46.79	00:39.77	43.34	2
	1	Stephane ROUYER-BROWN	Essex	00:49.13	00:41.76	46.22	3
	5	Jonathan RIGGANS	St. Albans	00:47.19	00:40.11	46.53	4
	4	Philip NICHOLLS	St. Albans	00:47.63	00:40.49	46.54	5
	7	Jake ROBINSON	Peterborough	00:46.74	00:39.73	47.27	6
	2	Michael THURGOOD	St. Albans	00:48.85	00:41.52	49.19	7

Event 8 50m Freestyle - Male

Dev	Lane	Swimmer	Club	Entry Time	H.E.R	Finish Time	Place
8.M05	6	Jason ADJEKUM-MENSAH	East Herts	00:43.97	00:37.37	40.07	1
	2	Stephen BIRKS	East Herts	00:46.27	00:39.33	41.69	2
	3	Shane BAXTER	Norfolk	00:45.68	00:38.83	41.70	3
	4	William ROBERTS	Peterborough	00:44.34	00:37.69	43.30	4
	1	Louis DIAZ	Peterborough	00:46.33	00:39.38	44.60	5
	8	Ashley WEST	East Herts	00:41.53	00:35.30	44.78	6
	7	Paul ROWLAND	St. Albans	00:42.09	00:35.78	48.97	7
	5	Christopher PHILLIPS	Reading	00:43.99	00:37.39	DQ 10.4	DQ

Event 8 50m Freestyle - Male

Dev	Lane	Swimmer	Club	Entry Time	H.E.R	Finish Time	Place
8.M06	3	Ben BEEBY	Peterborough	00:40.82	00:34.70	36.40	1
	6	Graham ARDING	Reading	00:39.57	00:33.63	39.85	2
	4	Richard LEWIS	Cheshire Penguins	00:40.18	00:34.15	40.01	3
	7	Matthew CASEY	East Herts	00:39.30	00:33.40	45.46	4

Event 8 50m Freestyle - Male

Dev	Lane	Swimmer	Club	Entry Time	H.E.R	Finish Time	Place
8.M07	7	Joe MACKIE	St. Albans	00:35.58	00:30.24	35.78	1
	5	Adam BAKER	Orpington Sharks	00:36.48	00:31.01	35.81	2
	4	Stephen THURGOOD	St. Albans	00:37.99	00:32.29	36.30	3
	6	Callum TITMUS	Peterborough	00:35.79	00:30.42	37.52	4
	2	Kye BROUGHTON	Wellingborough	00:38.65	00:32.85	37.75	5
	1	Samuel HASLAM	Reading	00:38.68	00:32.88	41.01	6
	3	Matthew BEEBY	Peterborough	00:38.58	00:32.79	41.03	7

Event 8 50m Freestyle - Male

Dev	Lane	Swimmer	Club	Entry Time	H.E.R	Finish Time	Place
8.M08	8	William JONES	Essex	00:28.09	00:23.88	27.64	1
	7	Kieran NEARY	Essex	00:29.75	00:25.29	29.88	2
	5	Ben WADE	Cheshire Penguins	00:32.99	00:28.04	31.06	3
	6	Callum HODGSON	Essex	00:31.60	00:26.86	31.21	4
	4	John FAIRCLOUGH	Cheshire Penguins	00:34.34	00:29.19	32.58	5
	3	Adam ROEBUCK	Plymouth & District	00:35.00	00:29.75	33.05	6
	1	Matthew GARRY	Cheshire Penguins	00:35.36	00:30.06	34.23	7
	2	Conor FREEMAN	East Midlands	00:35.20	00:29.92	37.62	8

Event 9 25m Breaststroke - Female

Dev	Lane	Swimmer	Club	Entry Time	H.E.R	Finish Time	Place
9.F01	3	Jasmine RAE	Norfolk	01:10.02	00:59.52	DQ 7.2	DQ
	4	Chloe BURFORD	Peterborough	01:05.38	00:55.57	DQ 4.4	DQ
	5	Keziah BAXTER	Norfolk	00:59.52	00:50.59	DQ 7.6	DQ
	6	Lisa Marie CASHIN	Peterborough	00:57.56	00:48.93	DQ 4.4	DQ

Event 9 25m Breaststroke - Female

Dev	Lane	Swimmer	Club	Entry Time	H.E.R	Finish Time	Place
9.F02	4	Alison PRESTON	St. Albans	00:47.24	00:40.15	44.48	1
	3	Morven MILLER	Reading	00:47.64	00:40.49	46.93	2
	2	Lydia BROWNE	Norfolk	00:52.29	00:44.45	DQ 7.5	DQ
	5	Rebekah WARNER	St. Albans	00:44.91	00:38.17	DQ 7.2	DQ
	6	Grace HONE	Electric Eels	00:41.00	00:34.85	DQ 7.6	DQ

Event 9 25m Breaststroke - Female

Dev	Lane	Swimmer	Club	Entry Time	H.E.R	Finish Time	Place
9.F03	3	Kirsty STEWART	Hastings & Rother	00:31.10	00:26.43	30.53	1
	2	Cari-Ann COLTMAN	Peterborough	00:32.56	00:27.68	31.06	2
	1	Ellouisa BRINDLEY	St. Albans	00:33.34	00:28.34	34.87	3

Event 9 25m Breaststroke - Female

Dev	Lane	Swimmer	Club	Entry Time	H.E.R	Finish Time	Place
9.F04	7	Bethany TAYLOR	Bicester Blue Fins	00:26.40	00:22.44	25.87	1
	6	Kerry FOSTER	St. Albans	00:26.55	00:22.57	27.71	2
	8	Jessica POYSER	Cheshire Penguins	00:21.90	00:18.61	DQ 7.4	DQ

Event 10 25m Breaststroke - Male

Dev	Lane	Swimmer	Club	Entry Time	H.E.R	Finish Time	Place
10.M01	3	Ben MOORE	St. Albans	00:49.95	00:42.46	DQ 7.3	DQ
	4	Anand PRATHAPAN	East Herts	00:45.00	00:38.25	DNS	DNS
	5	Joshua BIRCH	St. Albans	00:42.93	00:36.49	DQ 7.2	DQ

Event 10 25m Breaststroke - Male

Dev	Lane	Swimmer	Club	Entry Time	H.E.R	Finish Time	Place
10.M02	7	Michael THURGOOD	St. Albans	00:34.81	00:29.59	32.81	1
	2	Christopher SPINKS	Norfolk	00:40.10	00:34.08	35.32	2
	6	Christopher MORTON	Reading	00:36.93	00:31.39	36.74	3
	4	Paul MILES	St. Albans	00:38.60	00:32.81	DQ 7.1	DQ
	5	Ashley WEST	East Herts	00:37.09	00:31.53	DQ 4.4	DQ
	3	Callum TITMUS	Peterborough	00:39.00	00:33.15	22.28	DQ H.E.R

Event 10 25m Breaststroke - Male

Dev	Lane	Swimmer	Club	Entry Time	H.E.R	Finish Time	Place
10.M03	4	Sam LAMB	Coventry	00:28.27	00:24.03	27.33	1
	2	Philip NEWMAN	Coventry	00:31.57	00:26.83	32.75	2
	3	Ross NOLAN	Cheshire Penguins	00:30.16	00:25.64	24.70	DQ H.E.R
	5	Ben BEEBY	Peterborough	00:28.11	00:23.89	22.84	DQ H.E.R
	6	Ryan CLARK	Peterborough	00:28.00	00:23.80	22.84	DQ H.E.R

Event 10 25m Breaststroke - Male

Dev	Lane	Swimmer	Club	Entry Time	H.E.R	Finish Time	Place
10.M04	7	Richard PERRIS	Cheshire Penguins	00:21.04	00:17.88	21.76	1
	6	Stephen THURGOOD	St. Albans	00:22.22	00:18.89	22.03	2
	3	Jason ADJEKUM-MENSAH	East Herts	00:25.87	00:21.99	23.71	3
	4	Philip NICHOLLS	St. Albans	00:24.81	00:21.09	24.89	4
	2	William ROBERTS	Peterborough	00:26.09	00:22.18	24.93	5
	1	Shane BAXTER	Norfolk	00:27.25	00:23.16	DQ 7.4	DQ
	5	Laurence BISH	Reading	00:24.55	00:20.87	DQ 7.4	DQ

Event 11 100m Individual Medley - Female

Dev	Lane	Swimmer	Club	Entry Time	H.E.R	Finish Time	Place
11.F01	2	Emma WARRINGTON	Orpington Sharks	01:42.00	01:26.70	1.45.07	1
	1	Katherine RUSSELL	Norfolk	02:42.52	02:18.14	DQ 7.2	DQ

Event 12 100m Individual Medley - Male

Dev	Lane	Swimmer	Club	Entry Time	H.E.R	Finish Time	Place
12.M01	7	Joseph PECIUCH	Orpington Sharks	01:43.08	01:27.62	1.41.63	1
	5	Ciaran FAHY	East Herts	02:03.83	01:45.26	1.49.28	2
	6	Scott HOWE	Basingstoke	01:50.42	01:33.86	DQ 7.5	DQ
	8	George ALLEN	Basingstoke	NT		DQ 8.2	DQ

Event 12 100m Individual Medley - Male

Dev	Lane	Swimmer	Club	Entry Time	H.E.R	Finish Time	Place
12.M02	7	Kieran NEARY	Essex	01:12.75	01:01.84	1.12.91	1
	5	Scott CLEAVER	Essex	01:23.89	01:11.31	1.20.94	2
	6	James WRIGHT	Essex	01:21.25	01:09.06	1.22.95	3
	4	Jamie KELLY	Cheshire Penguins	01:24.79	01:12.07	1.26.91	4
	2	Martin TRUNDELL	Cheshire Penguins	01:34.65	01:20.45	1.29.50	5
	3	Ciaran KELLY	Basingstoke	01:30.60	01:17.01	1.31.53	6

Event 13 25m Freestyle - Female

Dev	Lane	Swimmer	Club	Entry Time	H.E.R	Finish Time	Place
13.F01	2	Lisa Marie CASHIN	Peterborough	01:12.12	00:54.09	1.04.68	1
	1	Kayleigh GREEN	Peterborough	01:39.60	01:14.70	1.22.62	2
	3	Olivia HARLAND	East Herts	00:54.00	00:40.50	DNS	DNS

Event 13 25m Freestyle - Female

Dev	Lane	Swimmer	Club	Entry Time	H.E.R	Finish Time	Place
13.F02	8	Grace HONE	Electric Eels	00:40.74	00:30.56	36.61	1
	7	Jenny WARREN	St. Albans	00:41.06	00:30.79	41.96	2
	5	Chloe BURFORD	Peterborough	00:47.48	00:35.61	44.41	3

Event 13 25m Freestyle - Female

Dev	Lane	Swimmer	Club	Entry Time	H.E.R	Finish Time	Place
13.F03	2	Katie MORGAN	Orpington Sharks	00:36.50	00:27.37	32.50	1
	3	Rebekah WARNER	St. Albans	00:35.38	00:26.53	32.61	2
	5	Jessica ALDRIDGE	East Herts	00:33.81	00:25.36	33.03	3
	1	Katie GOODARD	Reading	00:35.57	00:26.68	33.24	4
	7	Morven MILLER	Reading	00:32.77	00:24.58	34.16	5
	4	Philippa PERRY	East Herts	00:35.13	00:26.35	34.55	6
	6	Natasha BURROWS	Norfolk	00:33.15	00:24.86	36.96	7

Event 13 25m Freestyle - Female

Dev	Lane	Swimmer	Club	Entry Time	H.E.R	Finish Time	Place
13.F04	2	Alex SORAB	East Herts	00:31.00	00:23.25	28.63	1
	1	Dorothy PERRY	Reading	00:32.01	00:24.01	34.93	2
	3	Alison PRESTON	St. Albans	00:29.97	00:22.48	36.16	3

Event 13 25m Freestyle - Female

Dev	Lane	Swimmer	Club	Entry Time	H.E.R	Finish Time	Place
13.F05	5	Emily CASHIN	Peterborough	00:28.32	00:21.24	26.00	1
	7	Sarah BIGGS	Greater London	00:27.14	00:20.35	31.89	2

Event 13 25m Freestyle - Female

Dev	Lane	Swimmer	Club	Entry Time	H.E.R	Finish Time	Place
13.F06	6	Katie TROTTER	St. Albans	00:24.83	00:18.62	24.24	1
	5	Kaley HEATH	Cheshire Penguins	00:25.32	00:18.99	25.16	2
	4	Rhiannon HICKS	Orpington Sharks	00:25.56	00:19.17	25.35	3
	3	Elizabeth PIKE	Reading	00:25.96	00:19.47	26.59	4
	1	Caroline BROWN	Reading	00:26.50	00:19.87	28.86	5

Event 13 25m Freestyle - Female

Dev	Lane	Swimmer	Club	Entry Time	H.E.R	Finish Time	Place
13.F07	7	Jessica POYSER	Cheshire Penguins	00:19.37	00:14.53	20.54	1
	3	Jodie BOWYER	Cheshire Penguins	00:21.88	00:16.41	21.03	2
	5	Stephanie MCQUADE	Cheshire Penguins	00:21.48	00:16.11	22.46	3
	4	Sam SAGE	East Herts	00:21.64	00:16.23	22.82	4
	1	Lucie FICKLING	Electric Eels	00:24.26	00:18.19	22.05	5
	2	Lisa HANSON	St. Albans	00:24.09	00:18.07	23.56	6
	6	Melissa DEAN	Peterborough	00:20.05	00:15.04	DNS	DNS

Event 14 25m Freestyle - Male

Dev	Lane	Swimmer	Club	Entry Time	H.E.R	Finish Time	Place
14.M01	3	Luke COOPER	East Herts	00:50.20	00:37.65	43.69	1
	2	Shaun JONES	Peterborough	00:51.97	00:38.98	43.75	2
	1	Anthony HYSOM	St. Albans	00:54.50	00:40.88	51.51	3

Event 14 25m Freestyle - Male

Dev	Lane	Swimmer	Club	Entry Time	H.E.R	Finish Time	Place
14.M02	5	Sam WILSON	East Herts	00:49.41	00:37.06	41.68	1
	7	Jack SMITH	East Herts	00:44.91	00:33.68	50.57	2

Event 14 25m Freestyle - Male

Dev	Lane	Swimmer	Club	Entry Time	H.E.R	Finish Time	Place
14.M03	6	Dan SEDGEWICK	East Herts	00:34.78	00:26.08	27.30	1
	3	Ben MOORE	St. Albans	00:41.88	00:31.41	42.89	2
	8	Luke ROGERS	East Herts	00:37.30	00:27.97	43.94	3

Event 14 25m Freestyle - Male

Dev	Lane	Swimmer	Club	Entry Time	H.E.R	Finish Time	Place
14.M05	3	Mitchell WRIGHT	East Herts	00:32.56	00:24.42	27.74	1
	5	Paul MILES	St. Albans	00:31.16	00:23.37	30.53	2
	7	Philip NEWMAN	Coventry	00:30.94	00:23.21	31.48	3
	4	Philip GOODALL	East Herts	00:31.55	00:23.66	32.78	4
	1	Simon TAYLOR	St. Albans	00:33.00	00:24.75	33.34	5
	2	Christopher MORTON	Reading	00:32.80	00:24.60	34.75	6
6	Anand PRATHAPAN	East Herts	00:31.00	00:23.25	DNS	DNS	

Event 14 25m Freestyle - Male

Dev	Lane	Swimmer	Club	Entry Time	H.E.R	Finish Time	Place
14.M06	3	Jason AGER	St. Albans	00:27.97	00:20.98	23.60	1
	6	Robert BATES	Peterborough	00:26.06	00:19.54	25.00	2
	2	Henry STENIFORD	Reading	00:28.36	00:21.27	28.61	3
	5	Sam DOWNING	East Herts	00:27.38	00:20.53	28.61	4
	7	Ray GREGG	East Herts	00:25.00	00:18.75	DNS	DNS

Event 14 25m Freestyle - Male

Dev	Lane	Swimmer	Club	Entry Time	H.E.R	Finish Time	Place
14.M07	7	Adam KELLY	Cheshire Penguins	00:21.39	00:16.04	19.41	1
	4	Michael THURGOOD	St. Albans	00:21.94	00:16.46	20.71	2
	6	Sam LAMB	Coventry	00:21.61	00:16.21	21.47	3
	3	Vincent SIU	St. Albans	00:22.70	00:17.03	21.64	4
	2	Peter WIGHAM	Coventry	00:23.47	00:17.60	22.68	5
	5	Paul JEAVONS	Coventry	00:21.84	00:16.38	23.09	6

Event 14 25m Freestyle - Male

Dev	Lane	Swimmer	Club	Entry Time	H.E.R	Finish Time	Place
14.M08	2	Stephen BIRKS	East Herts	00:19.60	00:14.70	17.75	1
	7	Samuel HASLAM	Reading	00:18.34	00:13.75	18.24	2
	6	Jason ADJEKUM-MENSAH	East Herts	00:18.75	00:14.06	18.28	3
	4	Laurence BISH	Reading	00:19.27	00:14.45	18.46	4
	5	Barry WYNNE	East Herts	00:19.16	00:14.37	19.28	5
	1	Jonathan RIGGANS	St. Albans	00:19.92	00:14.94	19.64	6
	3	Jake ROBINSON	Peterborough	00:19.50	00:14.63	DNS	DNS

Event 14 25m Freestyle - Male

Dev	Lane	Swimmer	Club	Entry Time	H.E.R	Finish Time	Place
14.M09	6	John FAIRCLOUGH	Cheshire Penguins	00:16.06	00:12.04	15.06	1
	7	Matthew GARRY	Cheshire Penguins	00:15.59	00:11.69	15.37	2
	5	Stephen THURGOOD	St. Albans	00:16.51	00:12.38	15.88	3
	4	Ben BEEBY	Peterborough	00:16.69	00:12.52	16.68	4
	3	Richard PERRIS	Cheshire Penguins	00:17.58	00:13.19	16.75	5
	1	Christopher PHILLIPS	Reading	00:18.23	00:13.67	18.76	6
	2	Ashley WEST	East Herts	00:18.04	00:13.53	19.00	7

Event 15 100m Freestyle - Female

Dev	Lane	Swimmer	Club	Entry Time	H.E.R	Finish Time	Place
15.F01	3	Katherine RUSSELL	Norfolk	02:40.82	02:16.70	2.26.31	1
	5	Laura MITCHELL	Orpington Sharks	02:28.05	02:05.84	2.26.88	2
	4	Katie MORGAN	Orpington Sharks	02:40.24	02:16.20	2.42.38	3

Event 15 100m Freestyle - Female

Dev	Lane	Swimmer	Club	Entry Time	H.E.R	Finish Time	Place
15.F02	5	Rhiannon HICKS	Orpington Sharks	02:10.28	01:50.74	2.02.75	1
	6	Kirsty STEWART	Hastings & Rother	02:06.73	01:47.72	2.07.67	2
	3	Corinna BECKETT	Orpington Sharks	02:16.00	01:55.60	2.13.39	3
	4	Kate SHERIDAN	Orpington Sharks	02:12.07	01:52.26	2.20.60	4

Event 15 100m Freestyle - Female

Dev	Lane	Swimmer	Club	Entry Time	H.E.R	Finish Time	Place
15.F03	5	Emma WARRINGTON	Orpington Sharks	01:35.56	01:21.23	1.34.81	1
	4	Jasmine STAGG	Cheshire Penguins	01:50.05	01:33.54	1.44.71	2
	2	Sam SAGE	East Herts	01:56.44	01:38.97	1.55.57	3
	3	Stephanie MCQUADE	Cheshire Penguins	01:53.69	01:36.64	DNS	DNS
	6	Melissa DEAN	Peterborough	01:20.10	01:08.09	DNS	DNS

Event 16 100m Freestyle - Male

Dev	Lane	Swimmer	Club	Entry Time	H.E.R	Finish Time	Place
16.M01	6	Adam KELLY	Cheshire Penguins	01:47.51	01:31.38	1.38.00	1
	7	Louis DIAZ	Peterborough	01:42.11	01:26.79	1.39.78	2
	5	Stephane ROUYER-BROWN	Essex	01:50.20	01:33.67	1.45.28	3
	4	Charlie BINKS	Electric Eels	02:02.84	01:44.41	1.50.54	4

Event 16 100m Freestyle - Male

Dev	Lane	Swimmer	Club	Entry Time	H.E.R	Finish Time	Place
16.M02	6	Joe MACKIE	St. Albans	01:33.70	01:19.64	1.26.47	1
	4	Richard LEWIS	Cheshire Penguins	01:34.07	01:19.96	1.31.50	2
	2	Ciaran FAHY	East Herts	01:36.87	01:22.34	1.32.68	3
	5	Matthew BEEBY	Peterborough	01:33.90	01:19.82	1.33.15	4
	1	Scott HOWE	Basingstoke	01:38.52	01:23.74	1.41.04	5
	7	Matthew CASEY	East Herts	01:31.57	01:17.83	1.43.11	6

Event 16 100m Freestyle - Male

Dev	Lane	Swimmer	Club	Entry Time	H.E.R	Finish Time	Place
16.M03	6	Kye BROUGHTON	Wellingborough	01:26.95	01:13.91	1.21.83	1
	7	Callum TITMUS	Peterborough	01:23.89	01:11.31	1.25.89	2
	3	Graham ARDING	Reading	01:29.91	01:16.42	1.28.71	3
	2	Ryan CLARK	Peterborough	01:31.32	01:17.62	1.31.44	4
	5	Joseph PECIUCH	Orpington Sharks	01:27.28	01:14.19	1.32.31	5

Event 16 100m Freestyle - Male

Dev	Lane	Swimmer	Club	Entry Time	H.E.R	Finish Time	Place
16.M04	6	Jamie KELLY	Cheshire Penguins	01:14.62	01:03.43	1.13.26	1
	5	Adam ROEBUCK	Plymouth & District	01:18.61	01:06.82	1.15.41	2
	2	Ben WADE	Cheshire Penguins	01:20.43	01:08.37	1.15.94	3
	4	Adam BAKER	Orpington Sharks	01:19.84	01:07.86	1.16.57	4
	7	Ciaran KELLY	Basingstoke	01:14.57	01:03.38	1.16.74	5
	3	Matthew GARRY	Cheshire Penguins	01:20.36	01:08.31	1.18.24	6
	1	Conor FREEMAN	East Midlands	01:20.60	01:08.51	1.28.60	7

Event 16 100m Freestyle - Male

Dev	Lane	Swimmer	Club	Entry Time	H.E.R	Finish Time	Place
16.M05	6	William JONES	Essex	00:59.22	00:50.34	59.96	1
	4	Callum HODGSON	Essex	01:08.63	00:58.34	1.08.89	2
	3	Scott CLEAVER	Essex	01:11.57	01:00.83	1.09.90	3
	5	James WRIGHT	Essex	01:08.39	00:58.13	1.12.47	4
	2	Kieran NEARY	Essex	01:12.75	01:01.84	DNS	DNS